

Point Loma High School Dance Company



FALL DANCE AUDITIONS

Tuesday, September 27th 2:30-5pm

DANCER APPLICATION

2016-2017

PLHS Dance Company * 2016/17

Requirements and Responsibilities

Dear Dance Parents/Guardians & Dancers,

Please review the following requirements and responsibilities should your child be selected as a member of the PLHS Dance Company... it is **extremely important** you understand what is involved. The following are your child's requirements and responsibilities as being a dancer on the 2016-17 PLHS Dance Company.

- ❖ Performances will take place throughout the year, and will include but are not limited to the following: Pep Rallies (Fall, Winter, Spring), Homecoming Football Game, Winter Basketball game, Dance Showcase, Hip Hop Night at Helix High School, Spring Musical & CoffeeHouse. Performance Season calendar on given at first team rehearsal.
- ❖ **Rehearsals are scheduled on Monday/Wednesday 2:30-4:30pm and some Thursday Early Out 1:45-3:30pm unless otherwise noted due to performance schedule.** MANY hours of rehearsal are required before and after school, weekends, and during holiday breaks due to the extensive amount of skills that will be taught through appropriate and professional training. *Dancers will be notified at least 24 hours before any changes to a schedule are made.*
- ❖ Dancers will be trained in a variety of dance styles to correspond with San Diego Unified School District VAPA Dance Standards, National Standards for Dance and Physical Education put forth for 9th-12th grade.
- ❖ There is one team – PLHS Dance Company – with Varsity and Junior Varsity squads. The Varsity squad is composed of students' grades 9-12. The JV squad is for grades 9-11 only. Freshmen may be considered for the Varsity squad, but the dancer must demonstrate exceptional talent and maturity. All returning Dance Company dancers are required to re-audition each year and previous membership does not guarantee that student a position on the 2016-2017 PLHS Dance Company. Placement on teams is based on the sole discretion of the judging panel.
- ❖ Participation in PLHS Dance Company fundraisers are strongly encouraged and recommended. **We highly encourage parent/guardian participation in the PLHS Performance Arts Guild Boosters to assist with planning and facilitating fundraisers, concessions at performances, and overall support for performing arts program at PLHS.** Fundraisers and Donations are necessary in order to help fund the PLHS Dance Company's various expenses including assistant dance coach, Grossmont College's High School Dance Day, field trips, costumes, sets, bus transportation cost, workshops, and guest choreographers. *Without fundraising our program wouldn't survive!*
- ❖ Dancers must maintain a 2.0 GPA. If a dancer is unable to reach a 2.0 GPA, the dancer will be placed on academic probation for the succeeding 6-week grading period and must maintain satisfactory attendance in Upper Level tutor club and attend all rehearsals to take notes to remain eligible. If this does not happen the dancer will be declared ineligible. If at the end of the probationary grading period the student has not achieved a 2.0 GPA, they shall be ineligible for the following 6-week grading period.
- ❖ Dancers must not receive two or more unsatisfactory (U) marks in citizenship in a 6-week or semester grading period. If a dancer receives two or more "U" marks, the dancer will be declared immediately ineligible for extracurricular activities until the next 6-week grading period.
- ❖ PLHS Dance Company dancers are expected to be model students, academically and socially. They are governed by a set of guidelines in the syllabus and PLHS Athletic policies. Violations of these guidelines in terms of conduct and/or poor academic standings can lead to their expulsion from the PLHS Dance Company.
- ❖ Students will be enrolled in 7th period – Dance F.A. for the entire year with after school rehearsal during production season/preparations. Students may be enrolled in PLHS Dance Company over the course of four years (9th—12th grade) and students have the option to receive either P.E. credit (9th//10th grade) or Fine Arts credit (11th // 12th grade) as needed.

Thank you for your consideration in the 2016-17 PLHS Dance Company! I look forward to seeing you dance at auditions on **Tuesday, September 27th at 2:30-5pm in Dance Studio.**

Sincerely,

Christina Fulcher
Performing Arts Director
PLHS Dance Company
CFulcher@sandi.net

2016-17 Athletic Packets are DIGITAL!

Please go to www.AthleticClearance.com and follow the instructions on the lower, right hand side of this page.

Dancer MUST bring 3 items with you to the Finance Office in order to be cleared:

- ✓ **Signed Confirmation e-mail (sent to you after completion of online packet)**
- ✓ **Completed Sports Physical (link found within online Athletic Packet)**
- ✓ **Copy of your Medical Insurance Card**

Medical Insurance

Under state law, school districts are required to ensure that all members of school athletic teams have accidental injury insurance that covers medical and hospital expenses. The insurance requirement can be met by the school district offering insurance or other health benefits that cover medical and hospital expenses (Education code Section 32221.5). Some pupils may qualify to enroll in no-cost or low-cost local, state, or federally sponsored health insurance programs. *Information about these programs may be obtained by calling:*

- The Healthy Families Program: 1-800-880-5305; www.healthyfamilies.ca.gov
- MediCal: 1-800-541-5555
- San Diego Kids Health Assurance Network (SD-KHAN): 1-800-675-2229; www.sdcounty.ca.gov 3851 Rosecrans Street, Suite 522 San Diego, CA 92110-3115
- Child Health and Disability Prevention Program: 1-800-675-2229 for Homeless or Foster Youth free medical and dental check ups.

ATHLETIC CLEARANCE

Prepared for:
Athletic Directors
Athletic Assistants
Parents/Students

Prepared by:
Home Campus

Quick steps for parents/students using the online athletic clearance process.

Online Athletic Clearance

1. Visit www.AthleticClearance.com
2. Watch quick tutorial video
3. **Register.** Parents/Guardians register with first and last name, a valid email username and password. You will be asked to type in a provided code to verify you are human. If this step is skipped your account will not activate.
4. Login
5. Select "**Start Clearance Here!**" to start the process.
6. Choose the School Year in which the student plans to participate.
Example: Football in Sept 2016 would be the 2016-2017 School Year.
Choose the School at which the student attends and will compete for.
Choose Sport
7. Complete all required fields for Student Information, Medical History, Parent/Guardian Information and Signature Forms.
8. Once you reach the **Confirmation Message** you have completed the process. Please review and print the confirmation page.
9. All of this data will be electronically filed with your school's athletic department for **review**. When the student has been **cleared for participation**, an email notification will be sent.

Online Athletic Clearance FAQ

Multiple Sports

Once you complete a clearance for one sport, most of the information you have entered will be retained in the system. To register for an additional sport, select Clearances at the top and then Start Clearance Here! After entering the year, school and additional sport, most of your information will auto fill.

Physicals

The physical form your school uses can be downloaded on Step #1 or under Student Info at the bottom of the page. Most schools will accept the physical online (done by uploading the completed form on Step #1) as well as turning in a hard copy to the Athletic Department.

AUTORIZACIÓN ATLÉTICA

*Rápidos pasos para los padres de familia/alumnos
al utilizar el proceso en línea de autorización atlética.*

Preparado para:
Directores atléticos
Asistentes atléticos
Padres/Alumnos

Preparado por:
Home Campus

Autorización atlética por Internet

1. Visitar www.AthleticClearance.com
2. Ver el corto video tutorial
3. **Registrarse.** Padres de familia/Tutores se registran con su nombre y apellido, un correo electrónico válido, nombre de usuario y contraseña.
Se le pedirá ingresar el código proporcionado para verificar que es una persona.
Si no se sigue este paso, su cuenta no se activará.
4. Conectarse
5. Seleccionar “**Start Clearance Here!**” para comenzar el proceso.
6. Elegir el ciclo escolar en el que el alumno planea participar.
Por ejemplo:
Fútbol Americano en septiembre 2016 sería Ciclo escolar 2016-2017.
Elija la escuela a la cual asiste el alumno y por la que competirá.
Elija el deporte.
7. Llenar todas las secciones necesarias en el formulario:
Información de alumno, antecedentes médicos, información de padre de familia/tutor y formulario de firmas.
8. Una vez que llega al mensaje de confirmación, usted ha completado el proceso.
Favor de revisar e imprimir página de confirmación.
9. Todos estos datos se archivarán electrónicamente para **revisión** en el Departamento Atlético de su escuela. Se enviará una notificación por correo electrónico cuando el alumno ha sido **autorizado para la participación**.

Preguntas y respuestas sobre autorización atlética por Internet

Múltiples deportes

Una vez que llene el formulario de autorización para un deporte, la mayoría de la información ingresada se mantendrá en el sistema.

Si se registra un deporte adicional, seleccione autorizaciones/clearances en la parte superior y después comenzar *Start Clearance Here!*

Después de ingresar el ciclo escolar, escuela y deporte adicional, la mayoría de la información se generará automáticamente.

Examen Físico

El formulario de examen físico que se utiliza en su escuela puede ser descargado en paso#1 o bajo información de estudiante en la parte inferior de la página.

La mayoría de las escuelas aceptan el examen físico en línea (cargar formulario completo en paso # 1) y también en persona al entregarlo al Departamento Atlético.

SDUSD Athletic Eligibility Grading Period Dates for 2016-2017

Created by the Office of PE, Health and Athletics
As of May 22, 2016

Athletic Traditional Grading Schedule 2016-17 SDUSD			
Term	Grading Period Begins	Grading Period Ends	Students Become Eligible or Ineligible
S1P1	8/29/2016	10/14/2016	10/24/2016
S1P2	10/17/2016	12/2/2016	12/12/2016
S1	12/5/2016	1/27/2017	2/6/2017
S2P3	1/30/2017	3/17/2017	3/27/2017
S2P4	3/20/2017	5/5/2017	5/15/2017
S2	5/8/2017	6/14/2017	Fall 2017

Using Traditional Grading Schedule

- Madison
- Mira Mesa
- Mission Bay
- Morse
- Patrick Henry
- Point Loma
- San Diego
- Scripps Ranch
- Serra
- University City

REPORT CARD CALCULATIONS:

- College Courses do not count in the calculation of athletic grade eligibility
- Students must pass 4 high school courses with a minimum 2.0 (in a traditional or 9-week schedule) to be eligible
- Students on a traditional 4x4 or a modified 4x4 must maintain a minimum 2.0 to be eligible
- Do not use weighted grade points when calculating athletic eligibility

REPORT CARD TERMS:

- The only grades that can be calculated are the ones issued at the school wide grading periods as listed above
- Contact and use the Atypical schools grading periods when you determine athletic eligibility for your multi-campus students

GRADING SCALES: Utilize ONLY these grading scales for scholarship and citizenship mark purposes for Interscholastic Athletics

Scholarship Marks:		
Mark	Explanation	Scale
A	Superior	4
B	Above Average	3
C	Satisfactory	2
D	Below Average	1
F	Failure	0
I	Incomplete	0
IP	In Progress	0
NC	No Credit	Excluded from GPA Calculation
NG	No Grade	Excluded from GPA Calculation
P	Passed	Excluded from GPA Calculation

Citizenship Marks:		
Mark	Explanation	Scale
E	Excellent	4
G	Good	3
S	Satisfactory	2
N	Needs to improve	1
U	Unsatisfactory	0

Audition Agreement

My child, _____ (print name), has my permission to audition for the 2016-17 Point Loma High School Dance Company. I understand that she/he must abide by the rules and regulations set forth by the director/advisory and administration of Point Loma High School and be present for all practice and audition sessions. I have read the regulations and understand that all required forms must be completed or my child will not be allowed to audition.

Please check all boxes below once complete.

- ☐ I have read the enclosed information and understand that being on the dance company requires a major time commitment.
- ☐ I understand that my child will be evaluated by qualified judges and agree to abide by the decision of the judges.
- ☐ I understand by the very nature of the activity, dance carries a risk of physical injury. No matter how careful the participant and director are; risk cannot be eliminated. The risk of injury includes minor injuries and catastrophic injuries.
- ☐ I understand the risks and will not hold Point Loma High School or any of its personnel responsible in case of accident of injury at any time.
- ☐ I understand that as with all Performing Arts classes, the group will need to be active in supporting the program through fundraisers and donation.
- ☐ I understand if there is a family, personal and/or academic conflicts in which my child must quit the team, Miss Fulcher will be notified via email immediately. Your son/daughter may not drop the class without written notification.
- ☐ I agree and will complete the **ATHLETIC PACKET online** and submit all necessary paperwork to the Finance Office **PRIOR** to **auditions on Tuesday, September 27th**. If the athletic packet is not complete, could affect status on dance team for performances.
- ☐ I agree and will complete the **Dancer Audition Application** and submit the packet on **DAY of DANCE AUDITIONS** on **Tuesday, September 27th** at **2:30pm** in **Dance Studio**.

Student Name (Print)

Student Signature

Parent/Guardian Signature

Dancer Information

Dancer Name _____

Date of Birth (Month/Day/Year) _____

Dancer Cell Phone _____

Dancer Email _____

Current Year in school: 9th 10th 11th 12th

Home Address _____

City _____ Zip _____

Dancer Uniform Sizes

Tshirt size: _____ Tank top size: _____ Sweatshirt size: _____

Jazz/legging size: _____ Shoe size: _____

Parent/Guardian Information

(#1) Parent/Guardian Name _____

Parent/Guardian Email _____

Business Phone _____ Parent/Guardian Cell Phone _____

(#2) Parent/Guardian Name _____

Parent/Guardian Email _____

Business Phone _____ Parent/Guardian Cell Phone _____

Emergency Name & Relationship _____ Phone # _____

Medical Information

1. Are you allergic to any medications? (Circle answer) Yes No If yes, please list:

2. Are you currently taking any medications? (Circle answer) Yes No If yes, please list:

3. Are you currently being treated for any injuries? (Circle answer) Yes No If yes, please list:

Academics

- ❖ Dancers must maintain a 2.0 GPA. If a dancer is unable to reach a 2.0 GPA, the dancer will be placed on academic probation for the succeeding 6-week grading period and must maintain satisfactory attendance in Upper Level tutor club and attend all rehearsals to take notes to remain eligible. If this does not happen the dancer will be declared ineligible. If at the end of the probationary grading period the student has not achieved a 2.0 GPA, they shall be ineligible for the following 6-week grading period.
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- ❖ Being a member of the competitive and performing dance team at Point Loma High School is a great honor but comes with hard work and dedication. **Please be sure PRIOR to auditions that your child, you and your family are willing to commit to the program and the time and effort necessary to be an effective member of the Dance Company.**

Student Signature

Date

Parent/Guardian Signature

Date

DANCER QUESTIONNAIRE

Please fill out to the best of your ability and honestly. The below information will help with team placement consideration. Please use a separate sheet of paper if needed. **Write neatly.**

PRIOR EXPERIENCE:

Have you participated in dance, cheer, song, gymnastics, athletics (circle all that apply):

Dance Year(s): ____ Prior Experience Location: _____

Cheer Year(s): ____ Prior Experience Location: _____

Song Year(s): ____ Prior Experience Location: _____

Gymnastics Year(s): ____ Prior Experience Location: _____

Theatre Year(s): ____ Prior Experience Location: _____

Athletics (explain): _____ Year(s): ____ Prior Experience Location: _____

Other: (explain): _____ Year(s): ____ Prior Experience Location: _____

Awards/Personal Achievements: _____

Do you plan on continuing any of the above activities during the dance season? (Circle) Yes No

If yes, how do you plan to manage your time between both? _____

EDUCATION/EXTRACURRICULAR ACTIVITIES:

GPA for the 2015-2016 school year: _____

Are you currently a member of any club, organization, or team requiring extra practice time? (Circle) YES NO

If so, please list and include dates and times of extra practice:

List any honors you have received in school: _____

Please list any other obligations that may interfere with being a part of the team:

Please share why you would be an asset to the team: _____

Please list your goals for being on the team during the 2016-2017 year: _____

Please share what dancer inspires you and why: _____

What is on your bucket list: _____

What do you want to study after high school and what university/colleges do you hope to attend:

Any additional comments: _____
